

THIRTY-SECONDS

Who are you?

Ask for referrals

What do you need?

Be straightforward and direct

WHAT EXCITES YOU

TOP GOALS

SPECIAL SKILLS

ACCOMPLISHMENTS

HOBBIES

WHAT'S UNIQUE

Let's lay it out first before committing. Don't overthink the introduction!

Hello _____, I'm _____. I'm a _____

_____.

I'm pursuing _____ and interested in _____.

I'm an emerging leader in _____.

My goal is to _____.

I would love to stay connected and gather some advice and wisdom in _____.

Construct your thirty-second pitch. Convey who you are and why you are connecting.