

MARKETING YOUR LEADERSHIP EXPERIENCE

 Claremont Graduate University
Career & Professional Development

 Claremont Graduate University
Student Life, Diversity & Leadership

TRAININGS

QPR Suicide Prevention

SLDL Canvas Course

Disability History, Culture, and Allyship

Cultural Competence

Mental Health | First Aid Training

QUESTION, PERSUADE, REFER (QPR)

Myths and facts about suicide

Warning signs

How to apply the QPR method

How to offer hope and support

QUESTION, PERSUADE, REFER (QPR) CAREER APPLICATION

RESUME	INTERVIEW NETWORKING	ON-DEMAND
<ul style="list-style-type: none">Highlight skills and knowledge acquired in Certifications or Relevant Skills sections <p><u>Sample:</u> Suicide Detection Certificate Trained to detect signs and appropriate policy to promote wellness and mental health.</p>	<ul style="list-style-type: none">Express how this training would allow for detection of suicidal risk in the workplaceExplain the QPR method and how it could be applied in a work setting	<ul style="list-style-type: none">Share why the QPR course was takenExplain what QPR course providedDescribe how QPR will be of assistance in a specific situation

QUESTION, PERSUADE, REFER (QPR) ACTIVITY

Resume

Write two accomplished statements displaying your knowledge and skillset.

Interviewing

Write or talk into your phone a response how you can incorporate your skillset into your industry.

On-Demand

Write a 20 to 30 second pitch how you may use this in any setting.

CANVAS COURSE

EVENT COORDINATION

- Fostering and development of campus stakeholder relationships
- Budgeting
- Schedule, advertise services, and drive participation turnout

ORGANIZING

- Adherence to company policies
- Adherence to conduct standards
- Model leadership behavior

SLDL CANVAS COURSE

CAREER APPLICATION

RESUME	INTERVIEW NETWORKING	ON-DEMAND
<ul style="list-style-type: none"> List relevant skills such as project management, event coordination, budget coordination, and fostering and developing stakeholder relationships <p><u>Sample:</u> Attained training through graduate institution's Student Life, Diversity, and Leadership course to capitalize on campus leadership opportunities and accentuate my leadership capabilities</p>	<ul style="list-style-type: none"> Explain how this training has prepared you for leadership roles Offer example(s) regarding how this course helped you be an effective on-campus organizer 	<ul style="list-style-type: none"> Be able to articulate two to three brief main takeaways from the course and how it has contributed to your idea of effective leadership Explain which dimensions of your own leadership style were supported and expanded by this course



SLDL CANVAS COURSE ACTIVITY

Leadership is a quality that employers seek. Within your industry, think about what kind of leadership qualities are valued, and how you may have demonstrated these skills.

List any projects and **HOW** you displayed these leadership skills.

Ex: Public Health: Assessment Skills, Diversity, Systems Evaluation

Ex: Data Analysis: Communication, Identifying Opportunities for Improvement

DISABILITY HISTORY, CULTURE AND ALLYSHIP



Context

- History of Disability rights and influence of culture
- Disability Culture influencing student Identity

Skills

- Utilizing inclusive and sensitive language free of discriminatory undertones
- Strategically asking questions with sensitivity and empathy
- Connecting students with resources such as SDRC, MCAPS, SHS

DISABILITY HISTORY, CULTURE AND ALLYSHIP CAREER APPLICATION

RESUME	INTERVIEW NETWORKING	ON-DEMAND
<ul style="list-style-type: none">List in relevant skills/certification <p><u>Sample:</u> Trained in utilizing inclusive and sensitive language to create psychologically safe work environments for individuals who identify with a disability</p>	<ul style="list-style-type: none">Detail how this training has added to your pursuit of professional developmentExpress how it has contributed to your conceptions of diversity, equity and inclusion	<ul style="list-style-type: none">Identify one to two skills that this training bolstered and/or facilitated

CULTURAL COMPETENCE

- Differences in communication styles, attitudes towards conflict and decision making
- Approaching situations with inclusivity and consideration
- Recognizing personal cultural bias
- Patterns of cultural differences
- Implementing cultural responsiveness



CULTURAL COMPETENCE

CAREER APPLICATION

RESUME	INTERVIEW NETWORKING	ON-DEMAND
<ul style="list-style-type: none"> • Include relevant skills and/or training • How this has fortified your professional commitment to facilitating cultural responsiveness and DEI <p><u>Sample:</u> Utilize aspects of cultural competency to communicate and implement tailored professional programs.</p>	<ul style="list-style-type: none"> • Detail how this training has increased your awareness of cultural biases and how this affects organizational cultures' • Express how it has contributed to your conceptions of DEI and cultural responsiveness 	<ul style="list-style-type: none"> • Identify one to two skills that this training bolstered and/or facilitated

DISABILITY AND CULTURAL COMPETENCE ACTIVITY

Formulate a response to the following common job interview question(s):

- What is your experience with DEI?
- Can you share how you have worked in a diverse setting?
- How would you highlight your leadership in this field?



MENTAL HEALTH | FIRST AID TRAINING

- Recognize warning signs and assist a peer experiencing distress or a mental health crisis
- Feel empowered to offer help and support
- Encourage peers to seek help when in distress
- Increase awareness of mental health and other resources and services available
- Identify healthy coping strategies to manage stress

MENTAL HEALTH | FIRST AID TRAINING

CAREER APPLICATION

RESUME	INTERVIEW NETWORKING	ON-DEMAND
<ul style="list-style-type: none">• Monitoring peers to provide appropriate support and resources• Trained on de-escalation techniques and crisis intervention <p><u>Sample:</u> Trained by professional AHA course to de-escalate mental crisis and provide basic support on physical trauma</p>	<ul style="list-style-type: none">• Detail how this training has increased your awareness and the importance in the workplace• Training promotes mental and physical wellbeing in the workplace	<ul style="list-style-type: none">• Explain specific skills the training provided and how one may apply in daily life to promote wellness

OTHER LEADERSHIP EXPERIENCES?

- List other leadership experiences that may not have been derived from the SLDL supported courses
 - Example:
 - Collaborating with peers on class projects/studies
 - Cultivating on and off campus relationships
 - Forming and contributing to a study group
 - Classroom or conference presentations

QUESTIONS?



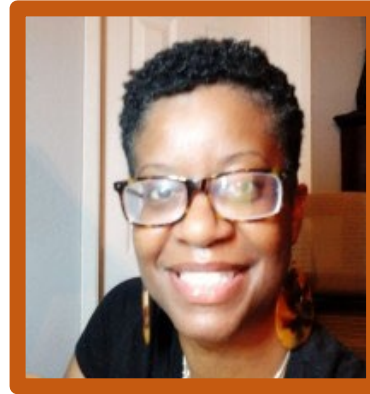
CAREER AND PROFESSIONAL DEVELOPMENT TEAM



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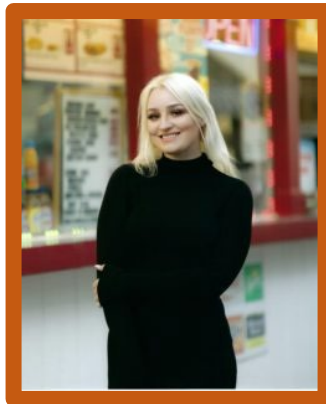
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Peer Career Consultant



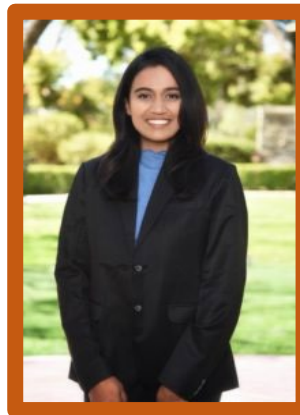
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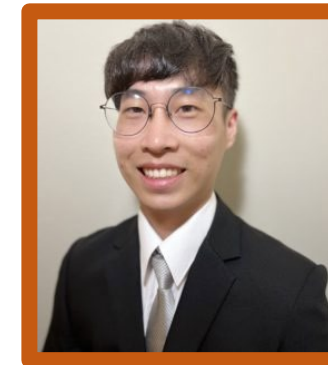
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