

## SPEED NETWORKING | 30-SECOND PITCH

**Let's lay it out first before committing. Don't overthink the introduction!**

Hello \_\_\_\_\_,

my name is \_\_\_\_\_.

I'm \_\_\_\_\_.

My career focus and trajectory includes \_\_\_\_\_.

I'm interested in \_\_\_\_\_.

My goal is to \_\_\_\_\_.

**Construct your 30-second pitch. Remember to convey who you are and why you are connecting with them.**

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Read it aloud and revise it until you can make it sound organic. You will vary it according to each situation.