



# FIRST YEAR CHECKLIST

## Academic Program and Department

- Introduce yourself to your program staff, Dean, and faculty advisor.
- Schedule a meeting with your academic advisor to map your course plan to graduation.
- Navigate the activities in your [Academic Success Kit](#).
- Review your academic program handbook that includes program requirements, degree requirements, and department processes and policies.
- Find mentors. Connect with faculty, staff, and advanced students.
- Learn which publications, conferences, and professional associations are relevant to your discipline.
- Identify at least one [external scholarship, fellowship, or grant](#) to apply to for additional funding.

## Campus Resources and Support Services

- Get to know one of [The Claremont College Services \(TCCS\)](#) offices such as: [Office of Black Student Affairs](#), [Chicano Latino Student Affairs](#), [Queer Resource Center](#), and [Interfaith Office of the Chaplains](#).
- Attend at least one event hosted by a TCCS office.
- Schedule at least one session at the [Center for Writing and Rhetoric](#) with a writing consultant before the end of the first semester.
- Make an appointment with your [discipline-specific librarian](#) at the [Honnold/Mudd Library](#) to find out what resources are available to you.
- Enroll in the [Preparing Future Faculty](#)'s free [College Teaching Certificate](#).
- Meet with a career consultant or attend an activity at the [Career Development Office](#) or the [Drucker Career Strategy Office](#).
- Visit one of the Student Wellness Team offices such as the [Student Disability Resource Center](#), [Monsour Counseling and Psychological Services](#), or [Student Health Services](#).

## Personal and Social

- Participate in one or more non-academic activities on campus like a [Graduate Student Council](#) event or a student social.
- Set at least one goal regarding your study-life-work balance.