

# APA Style Citations



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- Times New Roman | 12-point font | Double-spaced
- Running Head: Short title, upper-left flush on all pages
- Title page includes: Title, Name of Student, Name of Institution
- *Publication Manual of the American Psychological Association* (6th ed. Washington, DC: APA, 2009) | <http://www.apastyle.org>

## In-Text Citations

### Paraphrase

When the author's name is in a sentence, cite the year of the publication after the name. APA encourages but does not require the citation of a relevant page number **before** the period.

*Example:* Bandura (2006) found that the preservation of identity over time has as much to do with social factors as it does with our individual psyches (p. 170).

When the author's name is not in the sentence, cite the author's name and year of publication, separated by a comma, in parentheses. Again, citing a page number is optional.

*Example:* Personal identity is not just a matter of self-characterization and other phenomenological factors but also in a sense of agency (Bandura, 2006, p. 170).

### Short quote (< 40 words)

Always integrate the citation into a sentence, enclose it in quotation marks, and end with the author's last name, year of publication, and page number in parentheses before the period.

*Example:* In Bandura's view, an infant begins to self-differentiate through "proprioceptive feedback from one's activities and self-referent information from visual and other modalities during transactions with the environment" (Bandura, 2006, p. 169).

### Long quote (> 40 words)

Extended quotations must cite the author's name, the year of the publication, and the page number either integrated into a sentence or at the end of the citation. The quotation is indented .5in. from the left and double-spaced.

*Example:* Bandura (2006) concludes that:

Personal identity is partially constructed from one's social identity as reflected in how one is treated by significant others. As the model of triadic reciprocal causation suggests, a sense of selfhood is the product of a complex interplay of personal construal processes and the social reality in which one lives. (p. 170)

## Reference List



- Use only the author's last name and first initial
- Use sentence-case: only capitalize first word and proper nouns
- Use a DOI whenever one is assigned
- Make sure entries are listed alphabetically, double-spaced, and the second line is indented

### Quantity of Authors

1 author: Berndt, T. J. (2002). Friendship quality and social development. *Current Directions in Psychological Science*, 11, 7-10.

2 authors: Include both last names with first initials separated by a comma and an ampersand (&).

3-20 authors: Include every author's last name and first initial separated by a comma with an ampersand before the last author's name in the list.

More than 7 authors: After the nineteenth author's name use an ellipse (...) and the final author's name.

### Journal article with DOI (Digital Object Identifier):

Murzynski, J., & Degelman, D. (1996). Body language of women and judgments of vulnerability to sexual assault. *Journal of Applied Social Psychology*, 26, 1617-1626. <http://doi:10.1111/j.1559-1816.1996.tb00088.x>

### Journal article without DOI, *print version*:

Colvin, C.R., & Block, J. (1994). Do positive illusions foster mental health? An examination of the Taylor and Brown formulation. *Psychological Bulletin*, 116, 3-20.

### Journal article without DOI, *online version*:

Aldridge, D. (1991). Spirituality, healing and medicine. *British Journal of General Practice*, 41, 425-427. Retrieved from <http://www.rcgp.org.uk/publications/bjgp.aspx>

### Book:

Bandura, A. (1997). *Self-efficacy: The exercise of control*. W.H. Freeman.

### Article or chapter in an edited book:

Bandura, A. (1995). Exercise of personal and collective efficacy in changing societies. In A. Bandura (Ed.), *Self-efficacy in changing societies* (1-45). Cambridge University Press.

### Article in a magazine:

Kanchier, C. (2000, March/April). Dare to change. *Psychology Today*, 33, 64-67. Add either DOI or URL

### Article From an Online Periodical with DOI Assigned

Author, A. A., & Author, B. B. (Date of publication). Title of article. *Title of Journal*, volume number, page range. doi:0000000/000000000000 or <http://doi.org/10.0000/0000>